

DR. DWAIRY, M.D / DR. PATEL, M.D / DR. KAUR, D.O / DR. ABRAHAM CHACKO / DR. SRINIVAS RAMIREDDY  
MEDICAL ASSISTANTS: 832-707-5011

### Colonoscopy Reminder: Date of Procedure

FORT BEND SURGICAL CENTER 14851 SOUTHWEST FWY SUGAR LAND, TX 77478 (281) 313-7300	MEMORIAL HERMANN FC 16906 SOUTHWEST FWY SUGAR LAND, TX 77479 (281) 243-1000	SUGAR LAND SURGERY CENTER 15300 SOUTHWEST FWY #100 SUGAR LAND, TX 77478 (281) 274-6670	METHODIST HOSPITAL SL 16655 SOUTHWEST FWY SUGAR LAND, TX 77479 (281) 274-7000
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METHODIST HOSPITAL KATY 18500 KATY FWY HOUSTON TX, 77094 (832) 522-1000	HUMBLE KINGWOOD ENDO 19502 MCKAY BLVD # 101 HOUSTON, TX 77338 (281) 312-6900	MEMORIAL HERMANN KATY 21720 KINGSLAND BLVD KATY, TX 77450 (281) 492-1234	HCA NORTH CYPRESS 21214 NW FREEWAY CYPRESS, TX 77429 (832) 912-3500
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KATY MEMORIAL ENDO. CTR.  
1233 CAMPBELL ROAD  
HOUSTON, TX 77055  
(713) 468-9200

**\*\* THE FACILITY WILL CONTACT YOU 1 BUSINESS DAY PRIOR TO YOUR PROCEDURE WITH YOUR ARRIVAL TIME \*\***

DAY BEFORE PROCEDURE: Start CLEAR LIQUID DIET: Ex: Tea, Broth, Coffee/ NO CREAMERS, Juice/ NO PULP, Jell-O, etc.  
NO RED OR PURPLE LIQUIDS SHOULD BE CONSUMED!

*DO NOT EAT OR DRINK ANYTHING THE MORNING OF YOUR PROCEDURE!* No chewing gum or mints. You may take your regular medications, with a small amount of water (NO BLOOD THINNERS OR NSAIDs) You will be sedated so YOU MUST HAVE A RESPONSIBLE ADULT TO DRIVE YOU HOME.

## CLENPIQ INSTRUCTIONS

A clean colon is critical for colon cancer detection. Colon cancer screening involves two steps. The first step is a colon cleansing, which is critical for the second step, complete examination of the entire colon.  
You MUST buy Dulcolax (10) & Gas-X (4) tablets over the counter FIVE DAYS BEFORE: Stop taking iron tablets/No Asprin, NSAIDs (Ibuprofen, Advil, Aleve, etc.) or blood thinners (Lovenox, Heparin, Coumadin, Plavix, etc.)

### DAY BEFORE:

**8am to 11am:** Begin clear liquid diet.

**12pm:** Drink two large glasses of clear liquids and take two tablets of Dulcolax.

**3pm:** Take two tablets of Dulcolax.

**5pm:** Drink First Dose: Drink all the liquid in the container. You must drink 40 ounces of clear liquids (*over the next five hours/clear liquids of your choice ((NO RED OR PURPLE))*). This step is necessary to ensure you are well hydrated, in addition to aiding in colonoscopy preparation.

**6pm:** Take two tablets of Dulcolax and chew 2 Gas-X tablets.

**9pm:** Take two tablets of Dulcolax.

**10pm:** Drink Second Dose: Drink all of the liquid in the container. You must drink three-8-ounce cup (cup provided) of clear liquids over the next 2 hours.

**11:30pm:** Take two tablets of Dulcolax and chew 2 Gas-X tablets. **DO NOT DRINK ANY LIQUIDS AFTER MIDNIGHT.**

**There is a possibility you will be charged a cancellation fee from the facility and/or office if you cancel less than 7 days before your procedure.** Pathology can take up to 10 business days. Which will then be discussed on your follow up visit two weeks after your procedure day. Please remember to call 832-707-5011 to make your appointment if you have not already done so.