



Houston Regional Gastroenterology

DR. DWAIRY, M.D / DR. PATEL, M.D / DR. KAUR, D.O

MEDICAL ASSISTANTS: 832-707-5011

ENDOSCOPY INSTRUCTIONS: DATE OF PROCEDURE _____

FORT BEND SURGICAL CENTER
14851 SOUTHWEST FWY
SUGAR LAND, TX 77478
281-313-7300

MEMORIAL HERMANN FC
16906 SOUTHWEST FWY
SUGAR LAND, TX 77479
281-243-1000

SUGAR LAND SURGERY CENTER
15300 SOUTHWEST FWY #100
SUGAR LAND, TX 77478
281-274-6670

METHODIST HOSPITAL SL
16655 SOUTHWEST FWY
SUGAR LAND, TX 77479
281-274-7000

METHODIST HOSPITAL KATY
18500 KATY FWY
HOUSTON TX, 77094
(832) 522-1000

HUMBLE KINGWOOD ENDO
19502 MCKAY BLVD # 101
HUMBLE, TX 77338
281-312-6900

MEMORIAL HERMANN KATY
21720 KINGSLAND BLVD
KATY, TX 77450
281-492-1234

**** THE FACILITY WILL CONTACT YOU 1 BUSINESS DAY PRIOR TO YOUR PROCEDURE WITH YOUR ARRIVAL TIME ****

7 DAYS PRIOR TO PROCEDURE YOU MUST STOP TAKING ALL ACID RELUX MEDICATIONS. You may take tums if needed.
5 DAYS PRIOR TO THE PROCEDURE: NO IRON, ASPIRIN, NSAIDS (Ibuprofen, Advil, ect.) OR BLOOD THINNERS (Lovenox, Heparin, Coumadin, Plavix ect.)

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE **NIGHT BEFORE THE PROCEDURE.**
- TAKE YOUR REGULAR MEDICATIONS THE MORNING OF THE PROCEDURE WITH A SMALL AMOUNT OF WATER.
- DO NOT WEAR DENTURES, CONTACT LENSES, JEWELRY OR HAIR ACCESSORIES TO YOUR PROCEDURE.
- WEAR COMFORTABLE CLOTHING AND SHOES. DO NOT USE YOUR CONTACTS.
- YOU WILL BE SEDATED SO A **RESPONSIBLE ADULT MUST BE WITH YOU** TO TAKE YOU HOME AFTER YOUR PROCEDURE.
- PLEASE CALL THE OFFICE AT **832-707-5011** TO SCHEDULE YOUR TWO WEEKS FOLLOW UP APPOINTMENT FOR YOUR TEST RESULTS IF YOU HAVE NOT ALREADY DONE SO.