

Houston Regional Gastroenterology

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BRENDA (MA): 832-707-5978

ENDOSCOPY INSTRUCTIONS: DATE OF PROCEDURE _____

Houston Northwest Hospital
710 FM 1960 West
Houston, TX 77090
281-440-1000

Memorial Hermann Kingwood
300 Kingwood Medical
Kingwood, TX 77339
281-312-4000

Humble Kingwood Endoscopy Center
19502 McKay Blvd. Suite 101
Humble, TX 77338
281-312-6900

**** THE FACILITY WILL CONTACT YOU ONE BUSINESS DAY PRIOR TO YOUR PROCEDURE WITH YOUR ACTUAL ARRIVAL TIME ****

7 DAYS PRIOR TO PROCEDURE YOU MUST STOP TAKING ALL ACID RELUX MEDICATINS. You may take tums if needed.
5 DAYS PRIOR TO THE PROCEDURE: NO IRON, ASPIRIN, NSAIDS (Ibuprofen, Advil, ect.) OR BLOOD THINNERS (Lovenox, Heparin, Coumadin, Plavix ect.)

- NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE THE PROEDURE.
 - TAKE YOUR REGULAR MEDICATIONS THE MORNING OF THE PROCEDURE WITH A SMALL AMOUNT OF WATER.
 - DO NOT WEAR DENTURES, CONTACT LENSES, JEWELRY OR HAIR ACCESSORIES TO YOUR PROCEDURE.
 - WEAR COMFORTABLE CLOTHING AND SHOES. DO NOT USE YOUR CONTACTS.
 - YOU WILL BE SEDATED SO A **RESPONSIBLE ADULT MUST BE WITH YOU** TO TAKE YOU HOME AFTER YOUR PROCEDURE.
 - PLEASE CALL THE OFFICE AT 832-707-5011 TO SCHEDULE YOUR TWO WEEKS FOLLOW UP APPOINTMENT FOR YOUR TEST RESULTS IF YOU HAVE NOT ALREADY DONE SO.
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